



Perinatal Program
Free for parents and children
under 2 years of age



Perinatal Program

FREE FOR PARENTS WITH CHILDREN UNDER 2 YEARS OF AGE

TROIS PETITS TOURS ET PUIS... DANSONS!

September 19th, October 31st,
November 21st
from 1:15 AM to 2 PM

MUSICAL AWAKENING (PARENT/CHILDREN)

September 26th, October 4th,
October 24th, November 28th
from 1:15 PM to 2 PM

BABY MASSAGE

October 25th, November 15th

ARTISTIC EXPRESSION WORKSHOP PARENT-CHILDREN (PAINTING)

October 18th

IN-PERSON CONFERENCES

October 11th - Towards a positive discipline
November 1st - Psychomotricity awakening

BEGINNING OF

ACTIVITIES

September 9th
2024

FAMILY

SUPPORT

With or without
appointment

OPENING

HOURS

MONDAY TO
THURSDAY

8:30 AM to 4:30 PM

CLOSED

From 12 PM to 12:45 PM

FRIDAY

8:30 AM to 12PM

FALL 2024



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Facebook



Instagram

Parents/Adults

Children

1 month - 2 yrs/2-5 yrs

School-Age Children

6-12 yrs

Monday

SEWING 1 & 2 14\$ / session
9 AM to 11:45 AM
1 PM to 3:30 PM

FRENCH 2
9 AM to 11:45 AM

PARENT-CHILDREN WORKSHOPS

9 AM to 11:45 AM

DROP-IN DAYCARE

9 AM to 11:45 AM
1 PM to 3:30 PM

HOMEWORK HELP - GROUP 1

6 - 12 yrs

3:00 PM to 6:00 PM

Tuesday

FRENCH 1
9 AM to 11:45 AM
COOKING WORKSHOP
9 AM to 11:45 AM
10 weeks / 2\$ per workshop

ÉDUC'AMUSE

Early childhood stimulation 2 - 5 yrs

9 AM to 11:45 AM

DROP-IN DAYCARE

9 AM to 11:45 AM

SCHOOL SUPPORT

For Parents and Children

3:00 PM to 6:00 PM

Wednesday

PAINTING 14\$ / session
9 AM to 11:45 AM
POT LUCK Free
For special events
FRENCH 1
9 AM to 11:45 AM

DROP-IN DAYCARE

9 AM to 11:45 AM

PARENT-CHILDREN WORKSHOPS

1 PM to 3:45 PM

HOMEWORK HELP - GROUP 2

6 - 12 yrs

3:00 PM to 6:00 PM

Thursday

FRENCH 2
9 AM to 11:45 AM
HEALTHY LIFE HABITS
Individual Meetings with a
Retired Nurse Available
9:30 AM to 11:30 PM

ÉDUC'AMUSE

Early Childhood Stimulation 2 - 5 ans

9 AM to 11:45 AM

DROP-IN DAY CARE

9 AM to 11:45 AM

DROP-IN DAYCARE

1 PM to 3:45 PM

HOMEWORK HELP - GROUP 1

6 - 12 yrs

3:00 PM to 6:00 PM

REGISTRATIONS

LIMITED PLACES

Starting September 3rd and all year long

MEMBERSHIP CARD 12\$